

SEGUIN ISD 9<sup>TH</sup> – 12<sup>TH</sup> LUNCH

# OCTOBER 2018

**SERVED DAILY**

HAM & CHEESE (or) PB&J SANDWICH  
 FRESH WHOLE FRUIT & CHILLED FRUIT  
 1% WHITE OR FAT FREE FLAVORED MILK  
 ROMAINE GARDEN SALAD  
 CONDIMENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>CHICKEN FRIED CHICKEN</b> <i>Home style</i> Baked Potatoes (butter, cheese, bacon) Braised Cabbage Roll/Crème Gravy	<b>CRUNCHY FISH SANDWICH</b> Sweet Potato Fries Veggie Cup Tartar Sauce	<b>OVEN FRIED CHICKEN</b> Au Gratin Potatoes Steamed Broccoli Brown Gravy/Roll	<b>CHICKEN FAJITA TOSTADAS</b> Spanish Rice Refried Beans Lettuce & Tomato Salad	<b>ROASTED TRUKEY Carving Station</b> Mashed Potatoes Broccoli & Cheese Cornbread Stuffing Turkey Gravy Roll
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>OVEN FRIED CHICKEN</b> <i>Home style</i> Scallop Potatoes Southern Green Beans Rolls/Brown Gravy	<b>TUSCAN CHICKEN PASTA</b> Zucchini & Squash Garlic Breadsticks	<b>STUFFED BAKED POTATOES</b> Chopped Beef/ Chicken Fajita Green Onions, Bacon Bits/Butter Pat Shredded Cheese Steamed Broccoli WG Roll	<b>**STUDENT HOLIDAY**</b>  <b>Elem. Parent Conferences</b>  <b>Sec. Staff Development</b>	<b>***FAIR DAY***</b>  <b>**DISTRICT HOLIDAY**</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>STEAK FINGERS</b> <i>Home style</i> Mashed Potatoes Peas & Carrots Rolls/Crème Gravy	<b>CHICKEN POT PIE</b> Rice Pilaf Steamed Broccoli Rolls	<b>OVEN FRIED CHICKEN</b> Roasted Red Potatoes Cajun Green Beans Rolls	<b>CLASSIC PATTY MELT</b> Tater Tots Fresh Veggie Cup	<b>FISH AND CHIPS (Oven Fried Fish &amp; Potato Wedges)</b> Mac & Cheeses Homemade Tartar Sauce
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>CHICKEN FRIED STEAK</b> <i>Home style</i> Garlic Mashed Potatoes Southern Cream Corn Roll/Crème Gravy	<b>CHICKEN PARMESAN Over Spaghetti</b> Buttered Carrots Buffalo Cheese Crunchers	<b>OPEN-FACED TURKEY SANDWICH</b> Turkey Gravy Mixed Vegetable, Stuffing Seasoned Fries	<b>CHICKEN STREET TACOS</b> Southwest Corn Charro Beans Spanish Rice Salsa / Jalapeño / Sour Cream Shredded Cheese	<b>SMOKED BRISKET Carving Station</b> Home-Style Potato Salad Seasoned Baked Beans Citrus BBQ Sauce Buttered Texas Toast
<b>29</b>	<b>30</b>	<b>31</b>	<b>November 1</b>	<b>November 2</b>
<b>CHICKEN NUGGETS</b> <i>Home style</i> Au Gratin Potatoes Sautéed Mixed Vegetables Roll/Crème Gravy	<b>OVEN ROASTED CHICKEN</b> Scalloped Potatoes Steamed Peas Roll	<b>ROASTED TRUKEY Carving Station</b> Mashed Potatoes Cornbread Stuffing Turkey Gravy Roll/ICE CREAM	<b>ASADA BEEF MINI TACO (2)</b> Sautéed Peppers & Onions Spanish Rice Charro Beans Lettuce & Tomato Salad	<b>HAWAIIAN PULLED PORK SANDWICH</b> Potato Wedges Pickles & Onions Coleslaw

**ALL SIDE ITEMS ARE OFFERED WITH EVERY ENTRÉE**  
**\*\*MENU IS SUBJECT TO CHANGE\*\***

**Lunch Meal Prices:**  
**STUDENT**  
 Reduced:      Paid:  
 \$0.40          \$3.00  
**ADULT**  
 \$3.60

## SOUTHERN COOKING – Line 1



Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ASIAN EXPRESS</b>  <u>Line 2</u>	<u>PHO NOODLE BOWL</u> Choice Beef or Chicken Broth Noodles Fresh Stir Fry- Vegetables Egg Roll Fortune Cookie	<u>PORK PEPPER STEAK</u>  Fresh Stir Fry- Vegetables Steamed Rice Eggroll Fortune Cookie	<u>SWEET &amp; SOUR CHICKEN</u>  Fresh Stir Fry- Vegetables Noodles Egg Roll Fortune Cookie	<u>LEMON CHICKEN</u>  Fresh Stir Fry- Vegetables Fried Rice Egg Roll Fortune Cookie	<u>MONGOLIAN BEEF</u>  Fresh Stir Fry- Vegetables Noodles Egg Roll Fortune Cookie
<b>GOURMET SOUPS, WRAPS, SANDWICHES &amp; DELI BAR</b>  <u>Line 3</u>	<u>BYO SANDWICH</u> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie /Sliced/ Flat Bread/Croissant Baked Chips Assorted Vegetables & Dressings  <u>Brisket &amp; Bacon Flatbread Sandwich</u>  <u>Chicken Vegetable Stew</u>	<u>BYO SANDWICH</u> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American/ Pepper Jack Hoagie /Sliced/ Flat Bread/Croissant Baked Chips Assorted Vegetables & Dressings  <u>Chicken Florentine Flatbread Sandwich</u>  <u>Broccoli &amp; Cheese Soup</u>	<u>BYO SANDWICH</u> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American / Pepper Jack Cheese Hoagie /Sliced/ Flat Bread/Croissant Baked Chips Assorted Vegetables & Dressings  <u>TUNA MELT CLASSIC</u> Sandwich or Wrap  <u>Chicken Noodle Soup</u>	<u>BYO SANDWICH</u> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American Cheese/ Pepper Jack Hoagie/Sliced/ Flat Bread/Croissant Baked Chips Assorted Vegetables & Dressings  <u>Chicken Florentine Flatbread Sandwich</u>  <u>Three Bean Chile Soup</u>	<u>BYO SANDWICH</u> Sliced Turkey Sliced Ham Chicken Fajita Chicken or Tuna Salad American Cheese/ Pepper Jack Hoagie /Sliced/ Flat Bread/Croissant Baked Chips Assorted Vegetables & Dressings  <u>Oven Baked Turkey, Ham &amp; Cheese</u> Sandwich or Wrap  <u>Lemon Basil Chicken Soup</u>
<b>THE BRICK OVEN</b>  PIZZA & PASTA <u>Line 4</u>	<u>Pizza</u> (Pepperoni, Cheese, Hamburger)  <u>Spaghetti &amp; Meatballs</u> w/ Garlic Breadstick	<u>Personal Pizza</u>  <u>Lasagna</u> w/ Garlic Breadstick	<u>Pizza</u> (Pepperoni/ Cheese /Spicy Pepperoni)  <u>Pizza Cruncher w/ Marinara Sauce</u>	<u>Personal Pizza</u>  <u>Buffalo Pizza Crunchers w/ Marinara Sauce</u>	<u>Pizza</u> (Pepperoni/Cheese / Supreme)  
<b>GRAB &amp; GO FASTLANE</b>  <u>Line 5</u>	<u>Cranberry Turkey Salad</u>  <u>Protein Box Fruit and Yogurt Parfait</u> <u>PB&amp;J Sandwich</u> <u>Hard-Boiled Eggs</u> <u>Veggie Cups</u>	<u>Chicken Fajita Bacon Ranch Salad</u>  <u>Protein Box Fruit and Yogurt Parfait</u> <u>PB&amp;J Sandwich</u> <u>Hard-Boiled Eggs</u> <u>Veggie Cups</u>	<u>Mediterranean Chicken-Pasta Salad</u>  <u>Protein Box Fruit and Yogurt Parfait</u> <u>PB&amp;J Sandwich</u> <u>Hard-Boiled Eggs</u> <u>Veggie Cups</u>	<u>Greek Chicken Salad</u>  <u>Protein Box Fruit and Yogurt Parfait</u> <u>PB&amp;J Sandwich</u> <u>Hard-Boiled Eggs</u> <u>Veggie Cups</u>	<u>Ham Cobb Salad</u>  <u>Protein Box Fruit and Yogurt Parfait</u> <u>PB&amp;J Sandwich</u> <u>Hard-Boiled Eggs</u> <u>Veggie Cups</u>
<b>MATADOR GRILLE &amp; BULLPIN TOP-N-GO</b>  <u>Line 6</u>	<u>Bacon Cheeseburger</u> <u>Crispy Chicken Sandwich</u> <u>Hot &amp; Spicy Chicken Sandwich</u> Burger Salad Seasoned Fries  <u>Frito Pie</u> <u>Nachos</u> <u>Crispitos</u> Refried Beans Salsa, Jalapenos	<u>Hamburger Grilled Chicken Sandwich</u> <u>Chicken Strips Sandwich</u> Burger Salad Seasoned Fries  <u>Doritos Nachos</u> <u>Crispitos</u> Refried Beans Salsa, Jalapenos	<u>Bacon Cheeseburger</u> <u>Crispy Chicken Sandwich</u> <u>Hot &amp; Spicy Chicken Sandwich</u> Burger Salad Seasoned Fries  <u>Frito Pie</u> <u>Nachos</u> <u>Crispitos</u> Refried Beans Salsa, Jalapenos	<u>Hamburger Grilled Chicken Sandwich</u> <u>Chicken Strips Sandwich</u> Burger Salad Seasoned Fries  <u>Doritos Nachos</u> <u>Crispitos</u> Refried Beans Salsa, Jalapenos	<u>Bacon Cheeseburger</u> <u>Crispy Chicken Sandwich</u> <u>Hot &amp; Spicy Chicken Sandwich</u> Burger Salad Seasoned Fries  <u>Frito Pie</u> <u>Nachos</u> <u>Crispitos</u> Refried Beans Salsa, Jalapenos

